## PRISTINE AWARENESS

## FOUNDATION FOR BUDDHIST PRACTICE

## 2024 Schedule of Events

| ACTIVITY  | TOPIC   | DAY/DATE  | TIME*                              | WHERE                                     | DETAIL                         |
|---|---|---|------------------------------------|---|--------------------------------|
| Path of Joy and<br>Ease Practice<br>Program (5YP)               | View,<br>Meditation,<br>Conduct                             | First Sunday of<br>Jan, Mar, May, Jul,<br>Sept & Nov.         | 6:00pm –<br>8:00pm                 | Live Online<br>(recorded)                 | \$15 AUD per<br>month          |
| Guest teacher:<br>Namgay Dawa<br>Rimpoche                       | Speaking from<br>the Heart                                  | Sunday Jan 21st   | 10am –<br>11:30am                  | Live Online<br>(recorded)                 | Donations appreciated          |
| Path of Joy and Ease Practice Introduction – Level One          | Level One<br>Practices                                      | Sunday Feb 4 <sup>th</sup>                                    | 8am to<br>9:30am                   | Live Online<br>(recorded)                 | Donations appreciated          |
| Path of Joy and<br>Ease Practice<br>Introduction –<br>Level Two | Level Two<br>Practices                                      | Sunday Feb 18 <sup>th</sup>                                   | 8am to<br>9:30am                   | Live Online<br>(recorded)                 | Donations appreciated          |
| Dharma Talk by<br>Pema Düddul                                   | Boundless Love  | Wednesday Feb<br>28 <sup>th</sup>                             | 7:00pm –<br>8:30pm                 | Metta Centre<br>Live Online<br>(recorded) | Donations appreciated          |
| Dharma Talk by<br>Pema Düddul                                   | Dudjom<br>Rinpoche's 'Play<br>of Thought' Part<br>One       | Wednesday Apr<br>24 <sup>th</sup>                             | 7:00pm –<br>8:30pm                 | Live Online<br>(recorded)                 | Donations appreciated          |
| Annual Retreat  | Awakening Joy<br>and Ease                                   | Saturday Jun 8 <sup>th</sup> to<br>Sunday Jun 9 <sup>th</sup> | Sessions<br>throughout<br>each day | In-person and<br>Livestreamed             | \$100 AUD<br>(\$60<br>members) |
| Dharma Talk by<br>Pema Düddul                                   | Dudjom<br>Rinpoche's 'Play<br>of Thought' Part<br>Two       | Sunday Aug 25 <sup>th</sup>                                   | 7:00pm –<br>8:30pm                 | Live Online<br>(recorded)                 | Donations appreciated          |
| Dharma Talk by<br>Pema Düddul                                   | Ordinary Mind<br>and Buddha<br>Mind in Chan<br>and Dzogchen | Sunday Oct 27 <sup>th</sup>                                   | 7:00pm –<br>8:30pm                 | Live Online<br>(recorded)                 | Donations appreciated          |

\*All times are Australian Eastern Standard (Brisbane time zone). Use this time zone converter to work out the time in your location: https://www.timeanddate.com/worldclock/converter.html

For more information visit our website: <a href="www.pristine-awareness.org">www.pristine-awareness.org</a>
Please note that we are closed for the whole of December each year.



Updated 05/08/2024